THE STROOP TEST

This test is a bit of fun – try to quickly say the colours you see, not the words you see. As well as fun it is also a scientifically designed test:

"The **Stroop** Color and Word **Test** (SCWT) is a neuropsychological **test** extensively used to assess the ability to inhibit cognitive interference that occurs when the processing of a specific stimulus feature impedes the simultaneous processing of a second stimulus attribute, well-known as the **Stroop Effect**." (Federica Scarpina, Sofia Tagini)

GIVE IT A GO!

Say aloud what colour you see in every word, NOT the word you read.
Go from left to right, from top to bottom. Ready. Set. Go!